

Overview & Facts

Symptoms & Types

Diagnosis & Tests

Treatment & Care

Living & Managing

Support & Resources

Glossary

Frequently Asked

Questions About Flu

Recent Health Topics **TURN OFF**

Related to Cold & Flu

All Cold & Flu Topics

Battling the Flu This
Season

Cold & Flu in Children

Cold & Flu in Pregnant
Women

Cold & Flu in the Elderly

Coughs

Differences Between Cold
& Flu

Ear Infection

Flu Shot Fact Sheet

Strep Throat

Common Treatments
for Cold & Flu 

Amantadine

Antihistamines

Cough Treatments

Decongestants

Relenza

Sore Throat Treatments

Tamiflu

Tessalon Perles

Tussionex

Vaccination

**Overview &
Facts****Symptoms
& Types****Diagnosis
& Tests****Treatment
& Care****Living &
Managing****Support &
Resources**[What Is Influenza?](#) | [Causes](#) | [Are You At Risk?](#) | [Prevention](#)

Overview & Facts

Influenza, aka "the flu," is a highly contagious virus that can race through schools, offices, or nursing homes. These articles provide basics on flu risks and prevention.

FONT SIZE

A A A

What Is Influenza?

What is Influenza?

Start your reading here to learn about influenza viruses and how they mutate. Get acquainted with the virus' irritating cousin, the common cold.

The Flu: Know the Basics

This fact sheet outlines the basics on flu – what it is, and what to do. How much do you know about this common illness? This link takes you to the CDC web site.

Related Web Site: Cold and Flu Season Guide: Facts & Myths

We hear all sorts of things about these common viruses. This link takes you to a web site that explains.

Avian Flu: 10 Questions, 10 Answers

Avian flu, or bird flu, has raised lots of questions. We've got the answers.

Causes

What Causes Flu Viruses?

Learn the basics of flu viruses -- how new strains emerge, and how they are spread.

Are You At Risk?

Influenza Virus Risks: Some Medical Conditions Make Flu Worse

Getting the flu can be life-threatening if you have diabetes or another chronic condition. Here's what you should know -- including a flu vaccine clinic locator.

Flu: Special Risks

Elderly people and children under age 2 are at high risk for flu-related complications. These fact sheets explain.

Prevention

Flu Precautions: Stopping the Spread of Flu at Work

Help keep your family healthy during cold and flu season. Here are some tips.

Flu Shot: An In-Depth Look

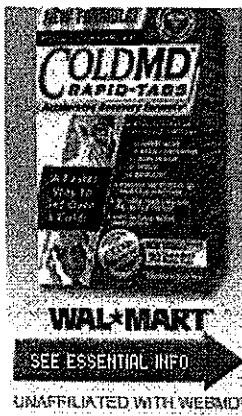
If you're confused about flu vaccines, this fact sheet will help. It outlines the different types of vaccines, who should get them, side effects, and more.

Video: The Dirty Truth About Proper Hand Washing

Nasty germs don't have to infect you. Learn the dos and don'ts of proper hand washing.

12 Tips to Prevent Cold & Flu

There are no cures, so prevention should be your goal. Click here to get



proactive against germs!
Think It's the Flu? Act Fast



SPONSOR

Find Out: Is it a Cold or the Flu?
 Learn About a Treatment Option for This Flu Season
 Protect Your Family From the Flu



[Complete Prescribing Information](#) [Important Safety Information](#)

WebMD newsletter

Living Better

Wellness news to keep you healthy and strong.

Enter Email Address

SUBMIT

Health Solutions from our sponsors

ADHD Treatment
 Allergic Asthma Info
 Alzheimer's Questions?

Better Eating
 Bipolar Disorder Help
 Cancer Therapies

Care for Sensitive Skin
 Caring for Memory Loss
 Cholesterol Help

Dental Health
 Joint Stiffness
 Know Your Orr

TODAY ON WEBMD

NEW SCHOOL LOVE!



8 entirely new ideas about love.

SILENT NO MORE



6 most embarrassing women's problems.

FIND A DRUG

- Adderall
- Benadryl
- Celebrex
- Celexa
- Chantix
- Citalopram

VIEW MORE

HEALTH CENTERS

- ADD/ADHD
- Allergies
- Alzheimer's
- Anxiety Disorders
- Arthritis
- Asthma

VIEW MORE

IN-DEPTH COVERAGE: [Fending Off the Flu](#) [Treating Nasal Allergies](#) [Living With Osteoporosis](#) [Recognizing Der](#)

SEARCH

[About WebMD](#) | [Terms of Use](#) | [Privacy Policy](#) | [Sponsor Policy](#) | [Site Map](#) | [Link to Us](#) | [Careers](#) | [Contact Us](#)
 HLTH Corporation | [WebMD Corporate](#) | [eMedicine®](#) | [Medscape®](#) | [MedicineNet®](#) | [RxList®](#) | [WebMD The Magazine](#)

©2005-2008 WebMD, Inc. All rights reserved.
 WebMD does not provide medical advice, diagnosis or treatment. See additional information.